

Rosenberg Library Announces Museum Book Club Fall 2019 Selection

Rosenberg Library is pleased to announce that its selection for the Fall 2019 Museum Book Club series is ***Eight Flavors*** by Sarah Lohman. The book club meeting will take place on Wednesday, October 16 from 12 noon – 1:00 p.m. in the McCullough Room on the library's 2nd floor. Light refreshments will be provided.

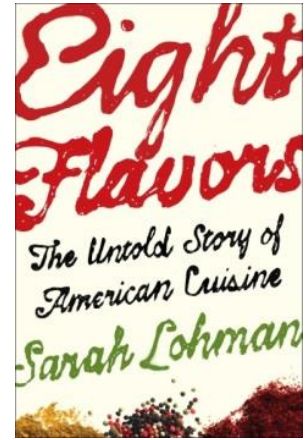
Book Summary

The United States boasts a culturally and ethnically diverse population which makes for a continually changing culinary landscape. Historical gastronomist Sarah Lohman discovered that American food is united by eight flavors: black pepper, vanilla, curry powder, chili powder, soy sauce, garlic, MSG, and Sriracha. In ***Eight Flavors***, Lohman sets out to explore how these influential ingredients made their way to the American table.

Eight Flavors introduces the explorers, merchants, botanists, farmers, writers, and chefs whose choices came to define the American palate. Weaving together original research, historical recipes, gorgeous illustrations and Lohman's own adventures—both in the kitchen and in the field—***Eight Flavors*** is a delightful read for foodies and history buffs alike.

About the Author

Sarah Lohman is originally from Hinckley, Ohio. At the age of 16, she began working in a living history museum, cooking historic food over a wood-burning stove. She graduated with a B.F.A. from the Cleveland Institute of Art in 2005. For her undergraduate thesis, she opened a temporary restaurant/installation that reinterpreted food of the Colonial era for a modern audience. Currently, she works with institutions around the country to create public programs focused on food. Lohman is the curator of food programming at the Lower East Side Tenement Museum in New York City. She chronicles her



Cover image of ***Eight Flavors*** by Sarah Lohman.

explorations in culinary history on her blog, FourPoundsFlour.com, and her work has been featured in the *New York Times*, *Wall Street Journal*, *Washington Post*, *New York Post*, *The Atlantic*, and NPR.

From the Permanent Collection

Rosenberg Library staff will share antique kitchen wares and serving utensils from the museum collection. Also displayed will be vintage Galveston restaurant menus from library's Galveston and Texas History Center archive.

About the Museum Book Club

Rosenberg Library's Museum Book Club offers participants the chance to experience art and literature in a more interactive way. Members have the opportunity to view rarely exhibited art and historical artifacts from the library's permanent collection as they discuss related books.

Registration is required for all Museum Book Club meetings. Please visit www.rosenberg-library.org or call 409-763-8854 ext. 125 to register.

Eight Flavors is available for [check-out](#) at Rosenberg Library.